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Year 40, No. 5

The Ottawa South Community Association Review

MAY 2012

## OSCA Names New Executive Director

By Michael Jenkin

As many of you know, the OSCA Board has been involved in an intensive search for a new Executive Director to manage its operations and programming. The search is now over and the Board has chosen as the winning candidate Ms. Christy Savage. Christy will start working with Deirdre McQuillan, our current Executive Director on June 5th. Deirdre will be retiring from her position at the end of June after some 20 years of service with OSCA.

Christy Savage has worked in the field of recreation and children's programs, both in Canada and Europe, for over 25 years. She has built an extensive experience base in recreation and enrichment; community outreach; and special events and fundraising.

Having grown up in Europe and Canada, Christy spent her high school years in Ottawa, attending St Pius X high school, before going to Montreal for university. After graduating from Concordia University with a BA in Anthropology, Christy came back to Ottawa to pursue graduate studies in Cultural Anthropology and Mediation at Carleton University.

Upon her return to Montreal, Christy quickly got involved with community programs and

began working as a coordinator for the Westmount YMCA. Soon after she was approached by a local parent's group to plan and launch a recreational/enrichment program for elementary school aged children. For the past 15 years Christy has remained in Notre Dame de Grace (NDG) as the Executive Director of the Willingdon Extended Day Program, while continuing her community involvement by volunteering on local boards. During that time she also graduated with a BA specialization in Psychology, and is currently completing a certificate in Non Profit Management at Mount Royal University.

As a former Carleton student Christy is familiar with Old Ottawa South and the community. Christy noted "I was particularly attracted to Old Ottawa South because of the many similarities between it and the community of Notre Dame de Grace where I have lived and worked for the last 25 years." Somewhat wistfully, she observed that "leaving NDG is going to be difficult for me, but I am very much looking forward to the opportunity to get to know Old Ottawa South better, get actively involved, and help the people who live here build the kind of community they want and deserve."



Winning candidate Ms. Christy Savage

**OSCA Annual General Meeting**  
**Tuesday, May 1**  
**Main Hall of the Firehall,**  
**7:00 p.m**

## Welcoming Smiles to the Neighbourhood!

By Sheryl Bennett-Wilson

When Dr. Nasrin Saba went looking for a location for her own dental practice, she did a lot of research. She wanted a neighbourhood she could serve and a location with good street visibility. Dr. Saba was already familiar with the Old Ottawa South neighbourhood as her oldest daughter had attended Hopewell. She realized that the area was in need of a dental office so she decided to set up her practice somewhere on this part of Bank Street. She looked at the neighbourhood's habits and was impressed with the fact that residents like to walk to neighbourhood businesses and best of all, that Old Ottawa South residents are very loyal and supportive of local businesses. Dr. Saba decided that she really wanted to be part of the neighbourhood. So when the opportunity arose for the location vacated by Serious Cheese, she grabbed it.

Dr. Saba and her family arrived in Ottawa in 2006. They had been living in Toronto since 2000 while both she and her husband were at school. Dr. Saba and her husband, Dr. Hamid Dabir are both graduates of university in Iran. They both trained in Canada with Dr. Saba graduating from the University of Toronto in 2006. Her husband, Dr. Dabir is a radiologist and is training

to become a neuroradiologist at the Ottawa Hospital. Although they still have relatives in Toronto, the family loves Ottawa. Eldest daughter Anita is graduating soon and Armita is in grade three. Dr. Saba worked in Orleans when she arrived, but always knew she wanted to set up her own practice – and now she has, as a neighbourhood dentist!

You'll be impressed with Bank Street Dentistry and Dr. Saba's offices. The tranquil, organic-feeling green wall in the waiting area is amazingly soothing. Jennie, the receptionist makes you feel welcome with a cheery smile and behind the scene is Marie, Dr. Saba's warm and friendly Dental Assistant. Dr. Saba has gone to great lengths to make sure her office is environmentally friendly. In the decorating, she made sure only water-based paints were used and the floor is beautiful natural porcelain. No charts or paper here! All records are stored digitally on the computer systems. To reduce radiation exposure for patients and produce better images, the office uses digital radiography that also eliminates the use of chemicals. The dry vacuum system saves thousands of gallons of water each year and a Mercury Waste Water Separator has been installed at the end of the suction lines – that means the majority of mercury from the dental office is NOT dumped into the sewer. And



Dr. Nasrin Saba, with one of her daughters and her staff

you'll be notified about an up-coming appointment by email – much more convenient and saves paper. Dr. Saba's office is definitely being kind to the environment!

If your child or children are ready for their first dental appointment, Dr. Saba enjoys dealing with kids. She says it's really important to get them started going to the dentist at an early age, so they feel comfortable with it. It's also a great way to get them into the habit of brushing often! Whether you're looking for a family dentist, or even some cosmetic 'smile' enhancement, Dr. Saba just might be

the neighbourhood dentist you've been looking for! And as much as dentistry has progressed in the last few years, Dr. Saba says the old standards still apply – brush after meals, floss and see your dentist regularly. You can find Bank Street Dentistry at 1189 Bank Street, right across from Patty's Pub. Call 613-241-1010 or email info@bankdentistry.com to make an appointment. Drop in and say hello – Dr. Saba, Jennie and Marie are ready with welcoming smiles!

Welcome to the Old Ottawa South Neighbourhood Dr. Saba!